

PEBTF'S GET HEALTHY PROGRAM

Know Your Numbers Wellness Screenings

August 1, 2023 - December 31, 2023

Registration Opens June 30



COMPLETE A WELLNESS SCREENING AND SAVE MONEY!

Complete a ***Know Your Numbers*** wellness screening and save money. Your wellness screening includes:

- Blood draw that tests for cholesterol and blood glucose (sugar) levels (includes A1C test)
- Height, weight and blood pressure measurements

Complete your wellness screening by December 31, 2023, to qualify for the savings for July 1, 2024 through June 30, 2025.

REGISTRATION OPENS FRIDAY, JUNE 30

Three convenient ways to obtain your wellness screening:

- Quest Diagnostics® Patient Service Center (PSC) (venipuncture blood draw). Make an appointment and don't schedule as a walk-in. Do not wait until the deadline because PSCs may not be open on December 30.
- Onsite screenings at select commonwealth worksites (fingerstick blood draw).
- Your doctor's office (venipuncture blood draw); upload or fax your completed form to Quest Diagnostics by December 31, 2023.

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REGISTER ONLINE:

- Go to www.pebtf.org on or after June 30.
- Click on the Get Healthy logo on the left side of the home page and follow the instructions. You will need to include an email address.

REGISTER BY PHONE:

If you do not have email or Internet access, call Quest Diagnostics® to register for a wellness screening or request a Physician Results Form at 1-844-598-7966, Monday – Friday, 8 a.m. – 8 p.m. EST and Saturday 8:30 a.m. – 3 p.m. EST.

QUESTIONS?

Contact the PEBTF at 717-561-4750 or 1-800-522-7279 or visit www.pebtf.org.

The PEBTF complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-522-7279 (TTY: 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-522-7279 (TTY: 711)。



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